Coronavirus (COVID-19) Updates

Frequently Asked Questions

What services are offered at Student Health Services during this time?

COVID-19 Vaccines
COVID-19 vaccines (including boosters) are available for TAMU students, faculty and staff. Schedule an appointment by visiting our Patient Portal.

COVID-19 Testing
The below COVID-19 tests are available to students, faculty and staff, and are available via self-referral:

- PCR (molecular) testing: to detect an active COVID-19 infection
- Antibody testing (Nuclear capsid antibody serology): to determine likely prior COVID-19 infection
- Spike Antibody testing (serology): to determine if antibodies were created in response to a COVID-19 vaccine and/or previous infection

Please contact Patient Services at (979) 458-8310 for more information.

If I'm concerned that I may have COVID-19, should I go to Student Health Services?

- SHS is available for in-person and telemedicine appointments. Depending on your primary complaint, telemedicine may be available for you. Telemedicine enables you to consult a provider from home. Check with your health insurance provider, or visit the SHS Appointment page to schedule an appointment.
- If you are a student enrolled in the TAMU Student Health Insurance plan, AcademicLiveCare is available for you (a medical visit copay may apply). The service key is ALC. To obtain the coupon/access code, please contact Patient Services at patient-services@shs.tamu.edu.
- For any questions, please contact Patient Services at (979) 458-8310.

What preventive actions can students take at this time?

It is highly recommended that students continue to practice preventive actions to avoid illness. See below for recommended preventive actions:

- Get your COVID-19 vaccine and booster shot (when eligible). Vaccines are available at SHS for currently enrolled students, faculty and staff. Schedule an appointment to receive your COVID-19 vaccine by visiting our Patient Portal.
• Practice physical distancing. Physical distancing means remaining out of congregate settings (crowded public places where close contact with others may occur), avoiding mass gatherings, and maintaining distance (approximately 6 feet or 2 meters) from others when possible.
• Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
• It is highly recommended that unvaccinated individuals continue to wear masks when indoors or when physical distancing is not possible. Follow CDC guidelines regarding how to properly wear a face covering and learn how to make a cloth face covering here: cdc.gov/coronavirus. Face coverings can help protect you and those around you.
• Avoid touching eyes, nose, and mouth with unwashed hands.
• Avoid sharing food, beverages, and utensils.
• Avoid close contact with those who may be ill.
• Stay home when you are sick or have flu symptoms.
• Cover cough/sneeze with a tissue or cough/sneeze into your elbow.
• Clean and disinfect frequently touched objects or surfaces.
• Get your annual flu shot.

What additional resources are available for students at this time?

• Academic HealthPlans is offering a Student Assistance Program (SAP) to all Texas A&M University System students, regardless if they are enrolled in the TAMU student health insurance plan. The SAP provides a 24/7 Care Center staffed by qualified and experienced professionals, life and wellbeing resources, and a variety of health/wellness resources and tools. Access the SAP here: https://myahpcare.personaladvantage.com/portal/welcome/sso. Company code is AHP1.

Where can I find updated information?

• Texas A&M University updates: https://www.tamu.edu/coronavirus/
• Brazos County Health District updates: https://brazoshealth.org/node/94
• Department of State Health Services updates: https://dshs.texas.gov/coronavirus/
• Centers for Disease Control and Prevention (CDC) updates: https://www.cdc.gov/coronavirus
• World Health Organization (WHO) updates: https://www.who.int/emergencies/diseases/novel-coronavirus-2019
• Texas A&M University International Student Services travel updates: http://iss.tamu.edu/Current-Students/Traveling-and-Coronavirus.