



Coronavirus (COVID-19) Updates

Frequently Asked Questions

What services are offered at Student Health Services during this time?

COVID-19 Vaccines

COVID-19 vaccines are available for TAMU students, faculty and staff. Appointments can be made online at <https://shs.tamu.edu/appointments>.

COVID-19 Testing

The below COVID-19 tests are available to students, faculty and staff, and are available via self-referral:

- PCR (molecular) testing: to detect an active COVID-19 infection
- Antibody testing (serology): to determine likely prior COVID-19 infection; to expedite the antibody testing process, please fill out the COVID Antibody Testing form available on the SHS Coronavirus webpage (<https://shs.tamu.edu/coronavirus>).

Please contact Patient Services at (979) 458-8310 for more information.

If I'm concerned that I may have COVID-19, should I go to Student Health Services?

- SHS is available for in-person and telemedicine appointments. Depending on your primary complaint, telemedicine may be available for you. Telemedicine enables you to consult a provider from home. Check with your health insurance provider, or visit the SHS Appointment page to schedule an appointment.
- If you are a student enrolled in the TAMU Student Health Insurance plan, MD Live is available for you (a medical visit copay applies).
- For any questions, please contact Patient Services at (979) 458-8310.

What preventive actions can students take at this time?

It is highly recommended that students continue to practice preventive actions to avoid illness. See below for recommended preventive actions:

- Get your COVID-19 vaccine. Vaccines are available at SHS for currently enrolled students, faculty and staff. Schedule an appointment to receive your COVID-19 vaccine here: <https://tx.ag/covidvaccine>.
- Practice physical distancing. Physical distancing means remaining out of congregate settings (crowded public places where close contact with others may occur), avoiding mass gatherings, and maintaining distance (approximately 6 feet or 2 meters) from others when possible.



- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- It is highly recommended that unvaccinated individuals continue to wear masks when indoors or when physical distancing is not possible. Follow CDC guidelines regarding how to properly wear a face covering and learn how to make a cloth face covering here: [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus). Face coverings can help protect you and those around you.
- Avoid touching eyes, nose, and mouth with unwashed hands.
- Avoid sharing food, beverages, and utensils.
- Avoid close contact with those who may be ill.
- Stay home when you are sick or have flu symptoms.
- Cover cough/sneeze with a tissue or cough/sneeze into your elbow.
- Clean and disinfect frequently touched objects or surfaces.
- Get your annual flu shot.

What additional resources are available for students at this time?

- Academic HealthPlans is offering a Student Assistance Program (SAP) to all Texas A&M University System students, regardless if they are enrolled in the TAMU student health insurance plan. The SAP provides a 24/7 Care Center staffed by qualified and experienced professionals, life and wellbeing resources, and a variety of health/wellness resources and tools. Access the SAP here: <https://myahpcare.personaladvantage.com/portal/welcome/sso>. Company code is **AHP1**.

Where can I find updated information?

- Texas A&M University updates: <https://www.tamu.edu/coronavirus/>
- Brazos County Health District updates: <http://www.brazoshealth.org/node/87>
- Department of State Health Services updates: <https://dshs.texas.gov/coronavirus/>
- CDC updates regarding the COVID-19 virus in the U.S.: <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>
- World Health Organization (WHO) updates: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- Texas A&M University International Student Services travel updates: <http://iss.tamu.edu/Current-Students/Traveling-and-Coronavirus>.