GENERAL INFORMATION

What kind of COVID tests are being offered?

- The below tests are available to all TAMU students, faculty and staff:
  - Antibody blood/serology test ($): available for a minimal charge at Student Health Services; determines the likelihood of a previous COVID-19 infection
  - Curative nasal swab/PCR: self-collect nasal swab funded by Texas A&M University System; determines an active COVID-19 infection
  - SHS nasal swab/PCR ($): self-collect nasal swab available for a minimal charge at Student Health Services; determines an active COVID-19 infection
  - Saliva sample: self-collect saliva sample funded by Texas A&M University System; non-diagnostic COVID test

Which test should I choose?

- Curative nasal swab and saliva sample are funded by Texas A&M University and free of charge.
- Antibody blood/serology test and SHS nasal swab are available at Student Health Services for a minimal charge. Insurance will be billed for these tests. Insurance may cover the cost in full, but it is encouraged to check with your insurance provider before scheduling the test. An SHS medical provider will follow up with the patient and assist in his/her care before and after results are available, and will be able to answer any questions the individual may have regarding COVID-19.

If I think I have been exposed to COVID, when should I get tested?

- If you are sick and/or had a potential exposure to COVID, visit the Texas A&M University COVID page for detailed guidance: https://www.tamu.edu/coronavirus/sick-campus-members/.
- It is generally recommended that an individual waits at least five to seven days after exposure to get tested. The incubation period for COVID can be 5-14 days. Waiting until at least day three after exposure will increase the reliability of the test. While awaiting your testing date/time, please follow the CDC guidelines regarding what to do if you are sick/think you may be sick: https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html.

Where can I get a COVID test?

- Appointments are required for the following test option:
  - Curative nasal swab appointments: https://tx.ag/covidtest
- Walk-ups are available for the following test options:
  - Student Health Services testing: Antibody blood/serology and/or nasal swab PCR (available via self-referral at the SHS Lab).
  - TAMU saliva test – various locations on campus
    (https://www.tamu.edu/coronavirus/testing-locations/index.html)

**COST**

**Is there a cost associated with COVID testing?**

- Antibody blood/serology test ($): available at Student Health Services; pricing outlined below
- Curative nasal swab/PCR: funded by Texas A&M University System
- SHS nasal swab/PCR ($): available at Student Health Services; pricing outlined below
- Saliva sample: funded by Texas A&M University System; non-diagnostic COVID test
- SHS COVID tests: There is a charge associated with SHS testing, yet insurance may reimburse fully or partially for the cost of the test. Please contact Patient Services at (979) 458-8310 for more information.
  - COVID Antibody: $100 (effective 03/15/2020)
  - COVID – PCR: $110 (effective 03/15/2020)
  - COVID – PCR / Influenza A&B: $80 (effective 11/02/2020)

**SYMPTOMS**

**If I have COVID symptoms, should I get tested?**

- Texas A&M University COVID tests are available for symptomatic and asymptomatic patients. Please note that symptoms may be due to influenza or other respiratory illnesses. If you are experiencing symptoms, it is recommended that you consider making an appointment with an SHS medical provider. Appointments can be made online at https://shs.tamu.edu/appointments.

**What should I do if I think I may be positive?**

- If you have a positive close contact or you have symptoms, please follow Texas A&M University guidelines (https://www.tamu.edu/coronavirus/sick-campus-members/).
WHAT TO EXPECT

What will the testing process look like?

- Antibody blood/serology test:
  1. Visit the health center during normal business hours. You will be directed to the SHS Lab for the test. Wait times will vary.
  2. During your appointment, you will receive a blood draw from an SHS phlebotomist. Collection typically takes less than 5 minutes.
  3. Results will be communicated through the SHS Patient Portal.

- Curative nasal swab/PCR:
  1. Register online to get a testing time window: https://tx.ag/COVIDtest.
  2. Check in at the testing site during your testing window. A number of physical controls have been implemented to ensure your safety.
  3. You will be guided by staff regarding how to properly self-collect your sample. The entire collection process typically takes less than 5 minutes.
  4. Results will be sent to your email.

- SHS nasal swab/PCR:
  1. Visit the health center during normal business hours. You will be directed to the SHS Lab for the test. Wait times will vary.
  2. During your appointment, you will be guided by staff regarding how to properly self-collect your anterior nasal swab sample. This involves inserting a small swab less than an inch into each nostril. The entire collection process typically takes less than 5 minutes.
  3. Results will be communicated through the SHS Patient Portal.

- Saliva sample:
  1. Check in at the testing site during the available time options. A number of physical controls have been implemented to ensure your safety.
  2. You will be guided by staff regarding how to properly self-collect your sample. The entire collection process typically takes less than 5 minutes.
  3. Results will be sent to your email.

RESULTS

How long do results take, and how can I access them?

- Results can take 36-48 hours during the week, but there may be a delay on tests done late in the day on Fridays.
Antibody blood/serology test and SHS nasal swab test results: Results will be sent to you from an SHS medical provider via secure message on the SHS Patient Portal.

Curative nasal swab test results: Results are sent to the email you provided during registration, and will be sent from Curative, Inc.

Saliva sample test results: Results are sent to the email you provided during registration.

What should I do while I await my test result?

- If you believe that you may have the virus or have been exposed to the virus, follow Texas A&M University guidance for sick/exposed campus members (https://www.tamu.edu/coronavirus/sick-campus-members/).
- It is recommended that you continue to wear a mask, stay at least 6 feet from others, wash your hands, avoid crowds, and take other steps to prevent the spread of COVID-19. If you are unvaccinated, consider receiving the vaccine. Currently enrolled students, faculty and staff can receive the COVID-19 vaccine at SHS. Schedule an appointment here: https://tx.ag/covidvaccine.

What happens if I receive a positive test result?

- If you get tested and receive a positive test result:
  - You will be contacted by phone, email, or secure message.
  - Seek emergency medical care immediately if you show any of these signs: trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face.
  - For now, stay in isolation in your residence and away from other people. Follow TAMU guidance for home isolation. Representatives from the Department of State Health Services or TAMU COVID Operations Center may contact you. Their number may indicate "unknown" on the phone, but it should still be answered. They will give you more information about isolation duration and also ask about any close contacts. Gather the following information to have ready when they call: how you may have been exposed, recent attendance at events (gyms, bars, salons, events such as houses of worship, sporting events, classes), household members, and close contacts (less than 6 feet for a cumulative total of 15 minutes in 24 hours).
  - You are required to self-report to the university through the COVID Reporting Portal. This act of Selfless Service will help the university to understand and control the virus on campus and also give you help through the Division of Student Affairs.
What happens if I receive a negative test result?

- If you tested negative (test must occur day 5 or later after exposure), and are showing no symptoms, please note the following:
  - SARS-CoV-1 was not detected in your specimen. You should not immediately act as though you are free of COVID-19.
  - If you had been quarantining, it is recommended you can end quarantine according to the CDC and local guidelines.
  - Continue to watch for symptoms until 14 days after exposure.
  - If you begin developing symptoms, immediately self-isolate. Consider scheduling an appointment with an SHS medical provider (https://shs.tamu.edu/appointments) to discuss next steps.
- It is recommended that you continue to wear a mask, stay at least 6 feet from others, wash your hands, avoid crowds, and take other steps to prevent the spread of COVID-19.