FAQ (COVID-19)

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Student Health Services will provide updates on the Coronavirus (COVID-19) as they become available. See below for answers to frequently asked questions.

What is the latest information regarding the Coronavirus as it relates to Texas A&M University?

Texas A&M University continues to work with governmental agencies, professional health and security organizations, and our academic partners to monitor world-wide coronavirus developments. At this time, the Brazos Valley is considered low risk. Additional travel restrictions for university-sponsored travel programs have been enacted. Please see the latest announcements here: [https://www.tamu.edu/coronavirus/](https://www.tamu.edu/coronavirus/).

Texas A&M strongly recommends that everyone reconsider travelling to any country with a level 3 advisory based on the novel coronavirus.

For countries at level 2 and 3, travelers will be required to self-quarantine for two weeks and not return to campus unless they are asymptomatic for that period. Returning travelers who develop symptoms while self-quarantining should contact their healthcare provider before returning to campus.

The list of countries with travel advisories may change in the coming weeks. For the most updated travel listing, please visit: [https://wwwnc.cdc.gov/travel/notices](https://wwwnc.cdc.gov/travel/notices).

What are symptoms of the Coronavirus (COVID-19)?

- For the vast majority of people who have had the illness, symptoms were mild (like a cold or flu) and they resolved after several days. Flu like symptoms include fever, cough, shortness of breath, and sore throat.

If I'm concerned that I may have COVID-19, should I go to Student Health Services?

- Call your healthcare provider in advance. Please do not show up at a clinic, urgent care or other healthcare facility without calling first. Your provider may need to take special measures to protect other people in the clinic.
- Telemedicine may also be available, enabling you to consult a provider from home. Check with your health insurance provider. If you are a student enrolled in the TAMU Student Health Insurance plan, MD Live is available for you (a medical visit copay applies).
- If you have symptoms such as a cough, fever, or other respiratory problems, contact your primary care doctor first. Do not go to an emergency room. Emergency rooms need to be able to serve those with the most critical needs.
What additional preventive actions is Texas A&M University taking at this time?

Texas A&M University is committed to protecting the health of students, faculty, staff, and campus visitors. In an effort to prevent the spread of illness during flu season, the University community continues to practice the following preventive measures:

- SSC has implemented its enhanced cleaning measures across the entire campus.
- SHS continues to screen every patient that presents to the clinic for their travel history.
- TAMU is encouraging individuals to practice appropriate hand hygiene methods to prevent the spread of illness.

What preventive actions can students take at this time?

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching eyes, nose, and mouth with unwashed hands.
- Avoid sharing food, beverages, and utensils.
- Avoid close contact with those who may be ill.
- Stay home when you are sick or have flu symptoms.
- Cover cough/sneeze with a tissue or cough/sneeze into your elbow.
- Clean and disinfect frequently touched objects or surfaces.
- Get your annual flu shot.

What happens to the students attending Texas A&M University if there is a confirmed case on campus?

- If a COVID-19 virus is confirmed, then the Centers for Disease Control and Prevention (CDC) protocols will be followed. Those who have had close contact with the patient will be contacted and monitored by the Brazos County Health District. Texas A&M University will fully support that effort.

Where can I find updated information?

- Brazos County Health District updates: [http://www.brazoshealth.org/node/87](http://www.brazoshealth.org/node/87)
- Department of State Health Services updates: [https://dshs.texas.gov/coronavirus/](https://dshs.texas.gov/coronavirus/)
- Texas A&M University updates: [https://www.tamu.edu/coronavirus/](https://www.tamu.edu/coronavirus/)
- Texas A&M University International Student Services travel updates: [http://iss.tamu.edu/Current-Students/Traveling-and-Coronavirus](http://iss.tamu.edu/Current-Students/Traveling-and-Coronavirus).
It is highly recommended that students continue to practice preventive actions as flu season continues. If you are feeling ill, make an appointment with your healthcare provider. Students can make an appointment at Student Health Services by visiting https://shs.tamu.edu/appointments, or by calling (979) 458-8250.